

PRELIMINARY PROGRAM

Friday, November 7, 2008: Public Event

It's Natural...But Does It Work? An Inside View of the Safety and Efficacy of Herbs and Vitamins

6:00	Registration for the Symposium and Reception	Lobby
7:00	Opening Remarks and Welcome K. Wayne Hindmarsh, PhD, <i>Dean, Leslie Dan Faculty of Pharmacy</i> Marja Verhoef, PhD, <i>IN-CAM Co-director</i>	Rm. B150
7:05	Speakers Julie Desrosiers, <i>Health Canada</i> Heather Boon, BScPhm, PhD, <i>IN-CAM Co-director</i> Aileen Burford-Mason, PhD, <i>Director of Scientific Affairs for the Acupuncture Foundation of Canada; Board President of the Holistic Health Research Foundation of Canada</i>	
8:20	Question and Answer Moderator: Heather Boon, BScPhm, PhD, <i>IN-CAM Co-director</i>	
8:45	Closing Remarks and Symposium Update Heather Boon, BScPhm, PhD, <i>IN-CAM Co-director</i> Natasha Kachan and Ania Kania, <i>IN-CAM Research Symposium Coordinators</i>	

Saturday, November 8th, 2008

8:00	Continental Breakfast and Registration	Lobby
8:45	Opening and Welcome <i>Marja Verhoef and Heather Boon (IN-CAM Directors); Sunita Vohra (PedCAM); David Brulé(HomeoNet)</i>	Rm. B150
9:00	Keynote Josephine Briggs, MD, <i>Director, National Center for Complementary and Alternative Medicine</i> A New Direction at NCCAM	Rm. B150
9:40	Oral Presentations - Two concurrent sessions	
	Regulation 2nd Fl. Resource Center Session Chair: Heather Boon	Women's Health Rm. 250 Session Chair: Lynda Balneaves
	Marc Banik <i>FDA Regulatory Policy for Qualified Health Claims: Review and Outlook for Final Rule</i>	Jon Adams <i>Examining the Use and Practice of CAM for Pregnancy and Birthing</i>
	Kaye Phillips <i>Digitalizing Traditional Medicinal Knowledge: How India is Safeguarding and Contesting Intellectual Property</i>	Tannis Jurgens <i>A Systematic Review of RCTs of NHPs Used in the Treatment of Symptoms of PMS</i>
	Ireh Iyioha <i>Integrative Medicine: The Beginning of the End of Today's Health Law and Policy?</i>	Jieun Park <i>The Effect of Moxibustion Treatment on Hot Flashes: A Randomized Clinical Trial</i>
10:40	Nutrition Break	Lobby
11:10	Oral Presentations - Two concurrent sessions	
	Massage Therapy 2nd Fl. Resource Center Session Chair: Trish Dryden	Pharmacy Rm. 250 Session Chair: Heather Boon
	Donelda Gowan-Moody <i>Steps Toward Massage Therapy Guidelines: A First Report to the Profession</i>	Narmatha Shanthakumar <i>Canadian Pharmacists and NHPs: Identifying Professional Responsibilities</i>
	Glenn Hymel <i>International Journal of Therapeutic Massage and Bodywork: A Case Study in Open Access CAM Publishing</i>	Ani Byrne <i>NHPs and Canadian Pharmacy Students: Core Competencies</i>
	Antony Porcino <i>Descriptive Combined-Methods Study of Alberta's CAM Manual Therapists</i>	Kosta Cvijovic <i>A Tool for Quick Identification of Herb-Drug Interactions</i>
12:10	Lunch (buffet style)	Lobby
1:15	Keynote Mary Koithan, PhD, RN, CNS-BC, <i>Associate Professor, University of Arizona</i> Exploring the Phenomenon of Unstuckness: The Transformative Journey of Healing and Health Promotion	Rm. B150
2:10	Oral Presentations - Two concurrent sessions	
	Integrative Health Care 2nd Fl. Resource Center Session Chair: Marja Verhoef	Surveys Rm. 250 Session Chair: Laura Weeks
	Isabelle Gaboury <i>Interprofessional Collaboration Within Canadian Integrative Health Care Clinics: A Survey of 31 Practices</i>	Deborah Ackerman <i>PROCAIM: A Web-based Survey of CAM Uses and Outcomes</i>
	Daniel Hollenberg <i>CAM in Hospitals: The New Frontier?</i>	Fuschia Sirois <i>Self-perceptions and Health Protective Behaviours Among Nurses Who Use CAM</i>
	Tania Murynka <i>Integrative Teamwork: Implications for Integrative Healthcare Delivery</i>	Malcolm Koo <i>Association of CAM Use and Distress Symptoms in Patients Undergoing Cancer Treatment: A Survey at an Academic Center in Taiwan</i>
3:10	Nutrition Break	Lobby
3:40-5:10	Workshops - Concurrent sessions	
	CAM Health Care Delivery—Measuring Financial, Operating, and Clinical Outcomes: A 10 Year Case Study Steven Szydlowski	TBA
	PedCAM: Problem Corner for the Beginner — Clinical Research In CAM Sunita Vohra and Laura Weeks	

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Saturday, November 8th, 2008

3:40— **Workshops: Continued**
5:10

Helping Patients Make the "Right" Decision about CAM: Enacting Shared Decision Making 2nd Fl. Resource Center
Lynda Balneaves, Tracy Truant and the CAM and Cancer Team

HomeoNet: Seeking Approval — A Beginner's Guide to Gaining Approval from REBs and the NHPD Room 450
Clinical Trials Unit
David Brulé and Jill Parsons

5:20— **Poster Presentations AND IN-CAM Reception** Lobby
7:00 For a list of poster presentations, refer to pages 4 - 6

Sunday, November 9th, 2008

8:15 **Continental Breakfast** Lobby and Apotex Student Lounge

9:00 **Keynote Address** Mark Ware, MD, MRCP(UK), MSc, *Assistant Professor, McGill University* Rm. B150
Herb or Weed? Lessons From Medical Cannabis

9:55 **Oral Presentations** - Two concurrent sessions

CAM and Cancer 2nd Fl. Resource Center
Session Chair: Anne Leis

Tracy Truant
The CAMEO Program: Lessons Learned in the Integration of a Complementary Medicine Decision Support Program Within a Conventional Cancer Care Setting

Emily McKenzie
Decision-making in Breast Cancer Treatment

Laura Weeks
The Role of Culture in the Decision to Use CAM: Influence of the Mass Media

Natural Health Products Rm. 250
Session Chair: Dugald Seely

Anne Marie Whelan
Efficacy of NHPs in Treating Osteoporosis: What is the Quality of Internet Patient Advice?

Steva Komeh
Black Tea: A Functional Food to Lower LDL-Cholesterol

10:55 **Nutrition Break** Lobby

11:25 **Oral Presentations** - Two concurrent sessions

Miscellaneous 2nd Fl. Resource Center
Session Chair: Merrijoy Kelner

Edie Walsh
Measuring Provider Support in CAM

Beverly Wellman
CAM Practitioners: Who Are They and How Do They Practice?

Mary Rykov
Palliative Care Music Therapy: Does Context of Time and Place Matter?

Naturopathic Medicine Rm. 250
Session Chair: Jon Adams

Dugald Seely
Naturopathic Medicine For the Prevention of Cardiovascular Disease: A Pragmatic Randomized Clinical Trial

Kieran Cooley
Naturopathic Medicine and Aboriginal Health: An Exploratory Study at Toronto's Anishnawbe Health Center

Jon Wardle
Grassroots Rural Naturopathy and Public Health: Intersecting Programs?

12:25 **Lunch** (buffet style) Lobby

1:30 **Keynote Address** Lynda Balneaves, RN, PhD, *Associate Professor, University of British Columbia* Rm. B150
Walking the Talk of Decision Support: Challenges and Opportunities in CAM

2:15 **Facilitated Discussion: IN-CAM - Where Do We Go From Here?** Rm. B150
Facilitator - Zubin Austin

3:15 **Closing Remarks** Rm. B150
Heather Boon and Marja Verhoef - IN-CAM Directors

1. Marc Banik

Empower Plus: Regulatory Status in Canada

2. Vickie Chang

An Evidence-based Review of NHPs for Weight Loss: Bitter Orange (*citrus aurantium*) and Hoodia (*hoodia gordonii*)

3. Abdul Hannan

An Ethnobotanical Survey of Noakhali District, Bangladesh

4. Sharareh Hekmat

The Effects of Probiotic Yogurt Consumption on Nutritional Status in Mwanza, Tanzania

5. Abdullah al Hussain

A Survey of Medicinal Plants Used Against Gastrointestinal Disorders by the Chak and Murong Tribes of Bangladesh

6. Abdullah al Hussain

Ethnobotanical Survey of Medicinal Plants Used as Remedy for Cold, Coughs, Fever and Respiratory Tract Diseases By the Tripura Tribe of Bangladesh

7. Trish Longair

A Formative Evaluation of the CAM in UME Project: What Do Our Stakeholders Say?

8. Md. Ariful Haque Mollik

Medicinal Plants Used Against Malaria by Traditional Medicinal Practitioners of Rajshahi Division, Bangladesh

9. Md. Ariful Haque Mollik

Medicinal Plants Used Against Tumours and Cancers By Traditional Medicinal Practitioners of Rajshahi Division, Bangladesh

10. Md. Ariful Haque Mollik

Ethnobotanical Survey of Medicinal Plants Used in Bogra and Pabna District of Bangladesh

11. Md. Harun-or-Rashid

Effect of Administration of *Saraca Asoca* (Roxb.) de Wilde Methanolic Stem Bark Extract on Serum Glucose and Cholesterol Levels in Rats

12. Md. Harun-or-Rashid

A Comparative Study of Medicinal Plants Used Against Gastrointestinal Disorders in 3 Districts of Bangladesh

13. Yvonne Leblanc

The 'Natural History' of Reiki Practice: A Sociological Perspective

14. Lawrence Leung

A Controlled Randomized Trial to Test the Efficacy of Using TDP © Heat Lamp for Treatment of Epicondylitis (Tennis Elbow) Pain

15. Jinseok Moon

Distribution of Syndrome Differentiation and Symptoms Using Common Clinical Document Forms with Focus on Deficiency Syndrome Differentiation

16. Heidi Rasmussen

A Review of CAM Use Among IBD Patients

17. Anthony Rosner

Inflammation, Its Major Consequences and Its Possible Control by Spinal Manipulation and Vitamin Administration

18. Fuschia Sirois

Self Perceptions and Perceived Change Among People With Arthritis Who Use Complementary and Alternative Medicine

19. Rabiea Tanzin

Medicinal Plants Used Against Cancer and Sexually Transmitted Diseases in the Greater Rajshahi Area of Bangladesh

20. Scott Allan White

Understanding CAM Use in the Disability Community

21. Yuan Zhou

An Evidence-based Review of the NHP Ashwagandha